



Wonderbrands™
Recommends



THE EVERYTHING SANDWICH

INGREDIENTS

4 Slices Country Harvest™ Everything Bread

- 4 tbsp alfalfa sprouts
- 8 slices roasted chicken deli meat
- 1 avocado, mashed
- 2 tsp chili flakes
- 8 slices cucumber
- 2 large romaine lettuce leaves, washed and chopped
- 1 tomato, washed and thinly sliced
- 2 tbsp mayonnaise

METHOD

Prep Time: 5 minutes | Cook Time: 5 minutes | Total Time: 10 minutes

1. Mash 1 avocado and mix in 2 teaspoons chili flakes
2. Evenly spread ½ mashed avocado mixture onto 1 slice of Country Harvest™ Everything Bread.
3. Layer on lettuce, 4 slices of roasted chicken, sliced tomato, sliced cucumber, and 2 tablespoons alfalfa sprouts.
4. On another slice of bread, spread 1 tbsp mayonnaise and add to the top to finish assembling your sandwich.
5. Repeat the process to create a second sandwich. Slice sandwiches in half, serve, and enjoy!



**Country Harvest™
Everything Bagel**

PRODUCT OF THE *Month*

We've put the flavours of our Country Harvest™ Everything Bagels into a loaf - made with whole grains and containing a source of fibre, plus the amazing taste of roasted garlic, savoury onion, topped with sesame and poppy seeds.