





Winner

Roseanne Touleiour La Loche, SK



PRODUCT OF THE Month

Corn-Wheat 7" Tortillas

Get the best of both worlds with 50% corn and 50% flour tortillas. Delicious taste of a corn tortilla with the softness of a flour tortilla. Made with no artificial colours & flavours, our delicious tortillas are perfect for burritos, wraps, and so much more!





LOADED CHEESY QUESADILLA

INGREDIENTS

12 Casa Mendosa® 50/50 Corn-Wheat 7" Tortillas Ground beef filling:

- 1 ½ pounds lean ground beef
- 1 package (24 grams) taco seasoning 1/4 cup water

Other fillings:

- 3/4 cup liquid nacho cheese
- 1 cup sour cream
- 1 onion, finely chopped
- 2 cups shredded lettuce
- 1 ½ cups nacho corn chips, crushed
- 2 cups shredded Mexican cheese blend

For cooking quesadillas:

1 tbsp vegetable oil

METHOD

Prep Time: 15 minutes | Cook Time: 45 minutes | Total Time: 60 minutes

- 1. In a large frying pan over medium heat, cook the ground beef until no longer pink, about 8 to 10 minutes. Stir often to break apart the larger chunks.
- 2. Drain grease from pan. Sprinkle taco seasoning onto the cooked beef and stir in water. Simmer for another 5 minutes. Remove from heat and set aside.
- 3. Lay out 6 tortillas on a cutting board. Spread each with 1 ½ tbsp nacho cheese, then top with 1 ½ tbsp chopped onion, 2 tbsp shredded lettuce, 1 tbsp crushed nacho chips, 3 tbsp ground beef mixture, 2 tbsp shredded cheese.
- 4. On each of the other 6 tortillas, spread 1 ½ tbsp sour cream.

- Place these tortillas, sour cream side down, over the cheesetopped ones. Press down firmly to seal the stacks.
- 5. Lightly grease a large frying pan on medium heat with the vegetable oil. Add one guesadilla stack into the pan and cover with lid. Cook about 3 to 5 minutes until the tortilla bottom is golden brown and cheese is melted. Flip, cover with lid again, and cook another 3 to 5 minutes until both sides are golden brown.
- 6. Repeat with remaining quesadilla stacks.
- 7. When cool to touch, cut each stack into 4 quarters.